

superDOCTORS

Advanced Orthopedic Treatment

Offering the most advanced technology and the first non-invasive procedure for tennis elbow sufferers, doctors Evan D. Collins and David H. Hildreth, orthopedic surgeons specializing in hand and upper extremity at Baylor College of Medicine, opened the Tennis Elbow Institute. Following months of research as investigators in the clinical trials of non-surgical OssaTron treatments, the doctors become the first in Houston to add the newly FDA-approved procedure for tennis elbow to their treatment options.

Dr. Collins is the director of the Hand and Upper Extremity Program for the Department of Orthopedic Surgery at Baylor College of Medicine. Board certified by the American Board of Orthopedic Surgery and the National Board of Medical Examiners with CAQ in hand surgery, Collins is recognized for his outstanding work in orthopedics and has received awards for outstanding achievement in surgical research, orthopedic surgery and rehabilitation and spinal research.

Dr. Hildreth is board certified by the American Board of Orthopedic Surgery with CAQ in hand surgery. He specializes in surgery of the hand, wrist and elbow and has extensive experience in wrist arthroscopy, endoscopic carpal tunnel release, arthritis surgery, hand and upper extremity trauma surgery and congenital hand anomalies. Hildreth is an associate professor in the department of orthopedic surgery at Baylor College of Medicine and clinical associate professor in the department of surgery at the University of Texas Medical School at Houston.

As investigators in the FDA-sanctioned OssaTron study, Collins and Hildreth studied the effectiveness of high energy Extracorporeal Shockwave Therapy (ESWT) emitted by the OssaTron on tennis elbow by tracking the progress of 225 patient participants.

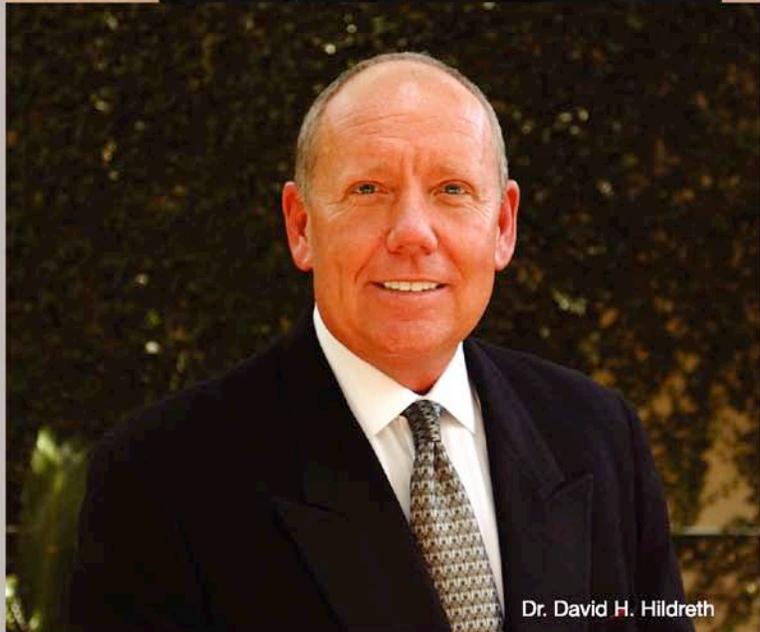
The new OssaTron treatment is the cornerstone of the center, and for the first time offers chronic tennis elbow sufferers a non-operative approach to symptoms that do not respond to conservative methods.

"It's an outpatient procedure taking just under 20 minutes to perform. It has a much shorter recovery time and does not pose the risks and possible complications associated with surgery. We're pleased that the treatments have proven beneficial for so many patients and are able to fill a void that has long existed in tennis elbow treatment," said Collins.

According to the doctors, most of the nine million Americans suffering from tennis elbow each year have never played tennis. They're just everyday people, doing everyday things.



Dr. Evan D. Collins



Dr. David H. Hildreth



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